



A RUNNER APPLICATION

GIFFORD PINCHOT STATE PARK
QUAKER RACE DAY USE AREA
LEWISBERRY, PA
SUNDAY, OCTOBER 1, 2017
10:00 AM

* COURSE:

HARRC In The Park 10 Mile Trail Race will loop Pinchot lake beginning from Quaker Race Day Use Area, Lake View Pavilion, and circling counterclockwise back to the start. The course consists primarily of single track trail with occasional wide trail and a few road crossings. The course is characterized by changes in elevation as well as by both technical (rocks and roots) and non-technical (relatively clear) surfaces. Overall and age group awards will be presented following the race and food and refreshments will be available.

* **PAYMENT:** Checks Payable to HARRC

* **REGISTRATION:** Online: www.HARRC.org

By Mail: HARRC In The Park,
535 N Pine St, Lancaster, PA 17603

* **INFORMATION:** HarrcInThePark@gmail.com; 717-982-0943

Participants can register the day of the race starting at 8:30am at the Lake View Pavilion located off of the Quaker Race Day Use Area parking lot of Gifford Pinchot State Park.

High quality technical t-shirts guaranteed to Pre-Registered applicants.

HARRC In The Park 2017 is open to both runners and hikers, however, we ask participants to plan on finishing within 2.5 hours as the course will be closed promptly at 12:30 p.m. Overall male and female winners will receive a gift card provided by a sponsor.

Age group awards for 1st and 2nd places: 17 and under, 18-25, 26-35, 36-45, 46-55, 56-65, 66+

TO BECOME A HARRC MEMBER, VISIT:
WWW.HARRC.ORG

HARRC IN THE PARK 2017 REGISTRATION

RUNNER APPLICATION CONTINUED

NAME:

LAST

FIRST

DATE OF BIRTH: ____/____/____

AGE ON RACE DAY: _____

GENDER: (PLEASE CIRCLE) MALE / FEMALE

EMAIL: _____

ADDRESS: _____

CITY: _____

STATE & ZIP: _____

PHONE: _____

*** SHIRT SIZE:** (PLEASE CIRCLE) S / M / L / XL

Waiver: I know that running a trail race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic, hazards, debris and poor footing on the course and assume the risk for running on it. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the effects of the weather, getting lost, wildlife and insect attacks and all such risk being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Harrisburg Area Road Runners club, the Commonwealth of Pennsylvania, all municipalities in which the event is held, the race directors, course officials, all other organizations directly or indirectly associated with the race, and any and all sponsors including their agents, employees, assigns or anyone acting on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event. This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Harrisburg Area Road Runner Club to use any pictures or likenesses of me secured at the event in any way they see fit without review (save by Pinchot Park), restriction or compensation. By signing this, I attest that I have read and understand this waiver.

*** APPLICANT SIGNATURE:**

Or Parent/Guardian if under 18

*** ENTRY FEE:**

Entry Fee:	By 9/01	By 9/22	Race Day
Regular	\$25	\$30	\$35
HARRC Member	\$15	\$20	\$25

TOTAL AMOUNT PAID _____

SPONSORED BY:

